



MWRC

AMINA

Muslim Women's Helpline



MWRC

**NEED ADVICE? WANT TO TALK? CALL OR EMAIL
US ON OUR FREE CONFIDENTIAL PHONE HELPLINE
OR HELPMAIL helpline@mwrc.org.uk**

0808 80 | 030 |

Looking for help, advice or just need someone to talk in a private and confidential environment?

We are here for you!
www.mwrc.org.uk



Member of the
**Telephone
Helplines
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0808 801 0301

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Access to online interpreters if we don't speak your language

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